

2018 PSAC CHAMPIONSHIP RESULTS

MEN'S RESULTS

PSAC Indoor Championships

Feb. 24-25, 2018
Edinboro, Pa.

60m

- Christian Castro - 6.99
- Pat Monahan - 7.08

200m

- Christian Castro - 22.21

800m

- Khai Samuels - 1:54.89

Mile

- Mike Sheptuk - 4:20.12
- Matt Lloyd - 4:24.90

5000m

- Tom Ciaccio - 15:26.74

60m Hurdles

- Christian Castro - 8.19

4x800m Relay

- Cruise, Sheptuk, Lopez, Samuels - 8:01.12

Distance Medley Relay

- Fanelle, Krieger, Lloyd, Slocombe - 10:30.98

Long Jump

- Darnell Randall - 22-5 3/4
- Austin Horner - 22-5 3/4

Pole Vault

- Dan Amari - 14-0

Shot Put

- Dominic Walton - 49-7 3/4
- Noah Lockwood - 47-6 1/4

Heptathlon

- Austin Horner - 4,926

Team Scores

- Shippensburg - 187
- Slippery Rock - 123
- 3. ESU - 70**
- IUP - 62
- West Chester - 57
- Kutztown - 52
- Seton Hill - 45
- California - 36
- Bloomsburg - 29
- Cheyney - 22
- Pitt-Johnstown - 14
- Mansfield - 4

PSAC Outdoor Championships

May 3-5, 2018
Slippery Rock, Pa.

200m

- Christian Castro - 22.55

800m

- Nathan Wojick - 1:51.73
- Khai Samuels - 1:54.15

110m Hurdles

- Christian Castro - 14.43
- Mike Matrisciano - 15.29

400m Hurdles

- Ronald D'Eliseo - 52.92
- Andrew Schumacher - 55.04

4x100m Relay

- Monahan, Castro, D'Eliseo, Schumacher - 41.61

4x400m Relay

- Schumacher, Slocombe, Wojick, Horner - 3:17.31

4x800m Relay

- Fanelle, Samuels, Sheptuk, Wojick - 7:39.18

High Jump

- Darnell Randall - 6-6 1/4

Long Jump

- Darnell Randall - 23-6 3/4
- Austin Horner - 22-0 1/4

Shot Put

- Dominic Walton - 54-3 3/4

Decathlon

- Austin Horner - 6,765

Team Scores

- Shippensburg - 171
- Slippery Rock - 143
- 3. ESU - 84**
- Edinboro - 72
- Seton Hill - 62
- Kutztown - 62
- West Chester - 51
- Lock Haven - 49
- IUP - 47
- California - 43
- Cheyney - 29
- Mansfield - 21
- Bloomsburg - 13
- Pitt-Johnstown - 11

WOMEN'S RESULTS

PSAC Indoor Championships

Feb. 24-25, 2018
Edinboro, Pa.

60m

- Marissa Flim - 7.71

200m

- Aspen Gaita - 25.33
- Marissa Flim - 25.56

800m

- Kaylyn West - 2:16.55

Mile

- Samantha Young - 5:13.98

60m Hurdles

- Aspen Gaita - 8.64

4x400m Relay

- Klag, Gaita, Stitzer, Dorin - 3:57.01

4x800m Relay

- Carratura, Matthews, Skikus, Wilkinson - 10:01.48

Distance Medley Relay

- Young, L. Dean, Dorin, West - 12:15.04

High Jump

- Carly Gregas - 5-3 3/4

- Victoria Matthews - 5-3 3/4

Long Jump

- Aspen Gaita - 18-2 1/2

Weight Throw

- Me'Saj Closs - 51-2 3/4

Pentathlon

- Michayla Weitman - 3,042

Team Scores

- Shippensburg - 106
- Slippery Rock - 77
- 3. ESU - 66**
- Edinboro - 61
- Seton Hill - 60
- West Chester - 57
- Millersville - 51
- Kutztown - 47
- Bloomsburg - 43
- California - 40
- Pitt-Johnstown - 30
- IUP - 22
- Lock Haven - 15
- Mansfield - 12
- Cheyney - 10
- Clarion - 5

PSAC Indoor Championships

May 3-5, 2018
Slippery Rock, Pa.

100m

- Marissa Flim - 12.15
- Tiana Webster - 12.25

200m

- Aspen Gaita - 25.54

10,000m

- Jasmine Amro - 39:18.92

100m Hurdles

- Aspen Gaita - 13.96

400m Hurdles

- Allyson Stitzer - 1:04.57

3000m Steeplechase

- Kaylyn West - 11:26.06

4x100m Relay

- Dey, Flim, Webster, Gaita - 46.93

4x400m Relay

- Klag, L. Dean, Phillipe, Stitzer - 3:54.76

4x800m Relay

- Wilkinson, Carratura, Dorin, West - 9:32.27

High Jump

- Carly Gregas - 5-3 3/4

- Victoria Matthews - 5-3 3/4

- Aspen Gaita - 5-1 3/4

Hammer

- Me'Saj Closs - 152-5

Javelin

- Gabrielle D'Amore - 126-1

Heptathlon

- Michayla Weitman - 4,125

Team Scores

- Shippensburg - 156
- Millersville - 98
- West Chester - 94
- Slippery Rock - 81
- California - 62.5
- Seton Hill - 59
- 7. ESU - 58**
- Edinboro - 58
- Kutztown - 49.5
- Bloomsburg - 46
- IUP - 44.5
- Pitt-Johnstown - 16.5
- Mansfield - 16
- Cheyney - 11
- Lock Haven 4
- Clarion - 4

2018 TOP RESULTS

Men's Top Results

OUTDOOR SEASON

Running Events

100	Pat Monahan	10.96	ESU
200	Christian Castro	21.75	Moravian
400	Austin Horner	49.54	PSAC
800	Nathan Wojick	1:51.73	PSAC
1,500	Zack Krieger	4:01.58	Allegheny
3,000	Jordan Cruise	8:57.92	ESU
5,000	Casey Ellis	15:44.03	Charlotte
10,000	Dan Buccino	32:20.24	Bucknell
110 HH	Christian Castro	14.36	PSAC
400 IH	Ronald D'Eliseo	52.92	PSAC
3000 St.	Tom Ciccio	10:00.96	Charlotte

Field Events

LJ	Darnell Randall	23-11 3/4	Allegheny
TJ	Keondre Morris	43-9 3/4	ESU
HJ	Darnell Randall	6-6 3/4	Charlotte
PV	Dan Amari	14-1 1/4	West Chester
Shot	Dominic Walton	54-3 3/4	PSAC
Discus	Dominic Walton	163-11	ESU
Hammer	Dominic Walton	122-8	West Chester
Javelin	Austin Horner	151-1	PSAC
Decath.	Austin Horner	6,765	PSAC

Relays

4x100		41.61	PSAC
	Monahan, Castro, D'Eliseo, Schumacher		
4x400		3:17.31	PSAC
	Schumacher, Slocombe, Wojick, Horner		
4x800		7:39.18	PSAC
	Fanelle, Samuels, Sheptuk, Wojick		

INDOOR SEASON

Running Events

55	Christian Castro	6.42	Kutztown
60	Christian Castro	6.98	Lehigh
200	Christian Castro	22.05	Bucknell
400	Andrew Schumacher	50.18	PSAC
500	Andrew Schumacher	1:06.82	Lehigh
600	Khai Samuels	1:24.01	DeSchrivier
800	Khai Samuels	1:54.89	PSAC
1,000	Khai Samuels	2:32.80	Lehigh
Mile	Mike Sheptuk	4:20.12	PSAC
3,000	Jeremy Rigotti	8:57.08	DeSchrivier
5,000	Tom Ciccio	15:26.74	PSAC
55 HH	Christian Castro	7.54	Kutztown
60 HH	Christian Castro	8.06	Armory

Field Events

LJ	Darnell Randall	22-5 3/4	Kutztown
TJ	Keondre Morris	43-5 3/4	Lehigh
HJ	Darnell Randall	6-4 3/4	Lehigh
PV	Dan Amari	14-3 1/4	Bucknell
Shot	Dominic Walton	51-9	Lehigh
Weight	Noah Lockwood	47-0 3/4	PSAC
Hept.	Austin Horner	4,926	PSAC

Relays

4x200		1:30.73	DeSchrivier
	Castro, Simonson, Slocombe, Monahan		
4x400		3:21.52	Staten Island
	Schumacher, Slocombe, Samuels, Horner		
4x800		8:00.09	DeSchrivier
	Lloyd, Fanelle, Samuels, Cruise		
Distance Medley Relay		10:26.05	Armory
	Samuels, Schumacher, Cruise, Sheptuk		

NCAA Championships

NCAA INDOOR CHAMPIONSHIPS

March 9-10, 2018
Pittsburg, Kan. (Robert W. Plaster Center)

Aspen Gaita - Pentathlon

3,786 points (6th - 1st team All-America)

Aspen Gaita - 60m Hurdles

Prelims - 8.61 (13th)

NCAA OUTDOOR CHAMPIONSHIPS

May 24-25, 2018
Charlotte, N.C.. (Irwin Belk Complex)

Aspen Gaita - Heptathlon

5,017 points (6th - 1st team All-America)

Women's Top Results

OUTDOOR SEASON

Running Events

100	Marissa Flim	11.94	PSAC
200	Aspen Gaita	25.17	PSAC
400	Sarah Klag	58.20	PSAC
800	Kaylyn West	2:17.44	ESU
1,500	Kaylyn West	4:44.99	West Chester
3,000	Jasmine Amro	10:40.06	ESU
5,000	Samantha Young	18:18.07	Charlotte
10,000	Jasmine Amro	38:57.13	Charlotte
100 HH	Aspen Gaita	13.96	PSAC
400 HH	Allyson Stitzer	1:03.92	PSAC
3000 St.	Kaylyn West	11:08.74	Bucknell

Field Events

LJ	Aspen Gaita	19-1 1/2	ESU
TJ	Tatiana Williams	36-8 1/4	PSAC
HJ	Aspen Gaita	5-4 1/4	NCAA
PV	Briana Hall	10-4	ESU
Shot	Barbara Grossov	40-2 3/4	Lehigh
Discus	Me'Saj Closs	135-11	Lehigh
Hammer	Me'Saj Closs	153-8	Lehigh
Javelin	Gabrielle D'Amore	139-4	West Chester
Hept.	Aspen Gaita	5,017	NCAA

Relays

4x100		46.93	PSAC
	Dey, Flim, Webster, Gaita		
4x200		1:41.89	Penn Relays
	Flim, Webster, Dey, Gaita		
4x400		3:54.76	PSAC
	Klag, L. Dean, Phillipe, Stitzer		
4x800		9:32.27	PSAC
	Wilkinson, Carratura, Dorin, West		

BOLD indicates school record

INDOOR SEASON

Running Events

55	Marissa Flim	7.18	DeSchrivier
60	Marissa Flim	7.70	PSAC
200	Aspen Gaita	25.33	PSAC
400	Sarah Klag	58.44	Staten Island
500	Shante Dorin	1:21.37	Bucknell
600	Shante Dorin	1:39.92	DeSchrivier
800	Kaylyn West	2:16.55	PSAC
1,000	Kaylyn West	3:03.64	DeSchrivier
Mile	Kaylyn West	5:11.00	Lehigh
3,000	Samantha Young	10:29.88	DeSchrivier
5,000	Jasmine Amro	18:50.43	PSAC
55 HH	Aspen Gaita	8.22	DeSchrivier
60 HH	Aspen Gaita	8.61	NCAA

Field Events

LJ	Aspen Gaita	18-10 3/4	Lehigh
TJ	Tatiana Williams	36-4 1/4	Kutztown
HJ	Aspen Gaita	5-5	Lehigh
PV			
Shot	Me'Saj Closs	40-1 1/4	Kutztown
Weight	Me'Saj Closs	51-7 1/4	Kutztown
Pent.	Aspen Gaita	3,786	NCAA

Relays

4x200		1:44.80	DeSchrivier
	Gaita, Flim, Klag, Webster		
4x400		3:57.01	PSAC
	Klag, Gaita, Stitzer, Dorin		
4x800		9:49.91	Bucknell
	Carratura, Matthews, Young, West		
Distance Medley Relay		12:04.60	Armory
	Young, Klag, Dorin, West		